

Client Release Form

When working with Holly Hildreth Ed.M., I understand that I may be introduced to modalities called Emotional Freedom Techniques ("EFT"), Faster EFT, Focusing, and other practices which are referred to as energy health techniques. Due to the experimental nature of EFT and the other techniques which may be presented, I agree to assume and accept full responsibility for any and all risks associated with utilizing these energy practices. The information presented by Holly Hildreth, is not intended to represent that EFT, or any other technique used by Holly in her sessions with me, is being used to diagnose, treat, cure, or prevent any disease or psychological disorder or that it is being used as a substitute for medical or psychological treatment. I understand that Holly Hildreth Ed.M. accepts no responsibility or liability whatsoever for the use or misuse of the information or techniques presented, including, but not limited to demonstrations, training, suggestions, sessions, and related activities utilizing such techniques. I understand Holly Hildreth strongly advises that I seek professional advice as appropriate before making any health decision(s). If I am on any medications, I understand I am NOT to change any dosages without their consent and should consult my physician or the professional who prescribed my medications for advice with respect to same.

Signed _____